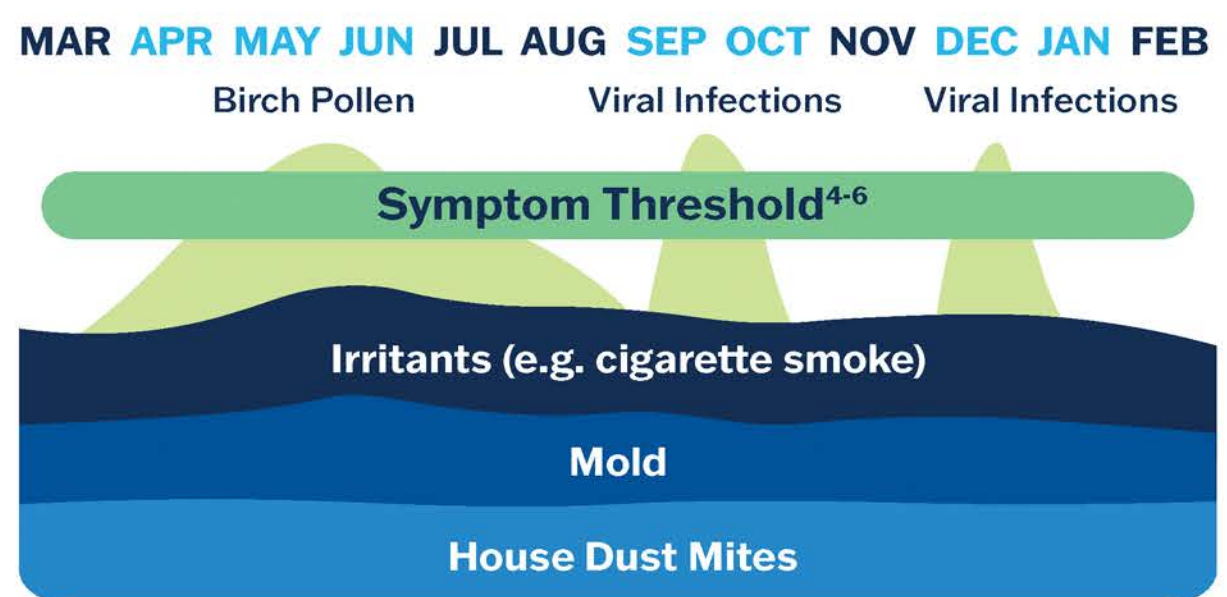


Winter also means cold and flu season, and COVID-19 is still hanging around. With all these in play, it can be difficult to figure out what is causing respiratory issues.



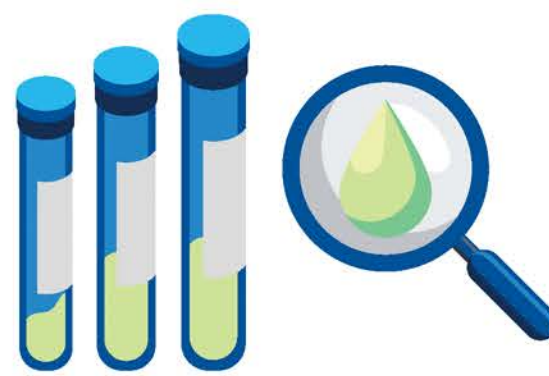
**WATERY, RED,
OR ITCHY EYES**



Up to 90% of pediatric patients with asthma have allergic sensitizations⁷, as do 60% of adult patients.⁸

Knowing your allergic sensitizations can help you better manage symptoms. So, how can you get to the bottom of what's causing your symptoms? An allergy blood test can help provide answers.

Airway inflammation in upper & lower airways can be a symptom of viral infection, or allergies.¹⁻³



A specific IgE blood test measures the amount of allergen-specific antibodies in your blood (IgE), which are indicators of allergic sensitization.

It can test for hundreds of allergic triggers and can be administered to people of any age (including young children).¹⁰

Studies show when patients with asthma are sensitized and exposed to an allergic trigger and contract a viral infection, their risk for hospital admission increases 20-fold.¹⁰

That's why it's essential to have a plan from your healthcare provider to help keep allergic inflammation in check during cold and flu season – especially if you have asthma.



Talk to your healthcare provider to help rule in or rule out allergies with a blood test!