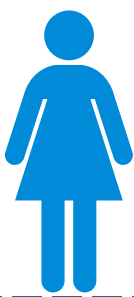
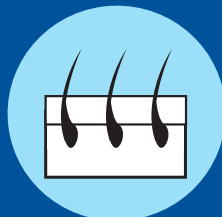
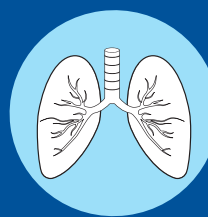
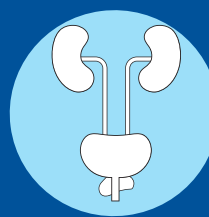
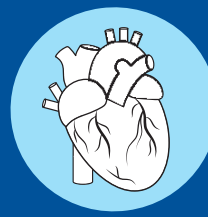


Men's Health Month



Life expectancy at birth for males was 75.1 years in the first half of 2020, compared to 80.5 years for women.



Heart disease is the leading cause of death among men in the US.
On average, men develop heart disease 10 years earlier than women.

ONE PERSON DIES FROM HEART DISEASE EVERY 36 SECONDS

DID YOU KNOW?

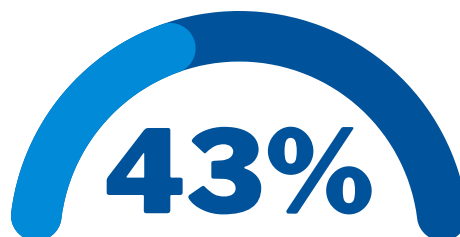
Men are more likely to get kidney stones compared to women.



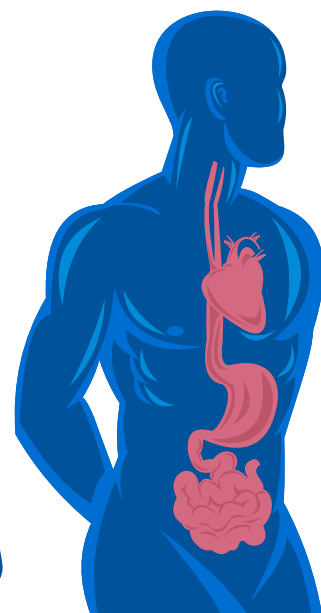
Men are almost twice as likely to develop type 2 diabetes as women

CANCER

Lung
Colorectal
Prostate
Testicular

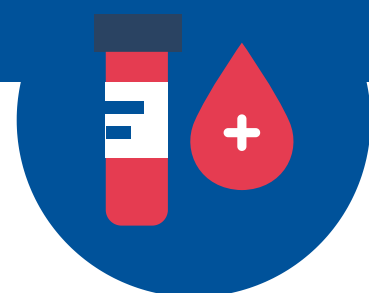


It was estimated that these cancers account for 43% of all cancer diagnosed in men in 2020



BLOOD TESTS

- Cardiac Risk Profile
- Diabetes Profile
- Cortisol Test
- Testosterone Panel
- Lipid Panel
- PSA Test



Making adjustments to diet, exercising, and preventative care can help to combat disease and potentially increase your life expectancy. Getting labs done regularly can help provide insight and give you a game plan to bettering your health.