

October 1, 2026

Updated Specimen Requirements for DHEA and 17-Hydroxyprogesterone Testing

Effective Date: Thursday, October 1, 2026

What you need to know: Effective October 1, 2026, HNL Lab Medicine is updating the specimen collection and transport requirements for DHEA and 17-Hydroxyprogesterone (17OHP) testing due to a change in reference laboratories. SST tubes will no longer be accepted for either test. A plain Red Top tube is now the preferred collection container for both DHEA and 17OHP.

UPDATED SPECIMEN REQUIREMENTS

Test	Test Code	CPT Code	Preferred Collection	Specimen Requirement	Transport
Dehydroepiandrosterone	DHEA	82626	Plain Red Top	0.5 mL serum in a clear aliquot tube	Frozen
17-Hydroxyprogesterone	17OHP	83498	Plain Red Top	0.5 mL serum in a clear aliquot tube	Refrigerated

The transport requirement for **DHEA is changing to frozen**, while **17OHP remains refrigerated**.

ACTION REQUIRED

Beginning October 1, 2026:

Do not collect DHEA or 17OHP specimens in an SST tube. Collect specimens using a plain Red Top tube, prepare 0.5 mL serum in a clear aliquot tube, and follow the test-specific transport temperature listed above.

There are no changes to the existing test codes or Epic orderable names.

ADDITIONAL INFORMATION

For detailed test information, including specimen requirements, methodology, and ordering instructions, please refer to the HNL Lab Medicine [Test Directory](#). If you have questions regarding this test, please contact HNL Lab Medicine Technical Support at 877-402-4221.

COMPLIANCE REMINDER

Tests and profiles must be ordered based on the individual patient's clinical needs. All testing must be reasonable and medically necessary, consistent with applicable coverage policies, and supported by documentation in the patient's medical record. Per [CFR 45 § 164.506](#), progress notes may be requested to support the test order or claim. For guidance on applicable coverage policies and medical necessity requirements, please refer to the [Medicare Resources Page](#).